

## Title Information

# 400 Things Cops Know

## Street-Smart Lessons from a Veteran Patrolman

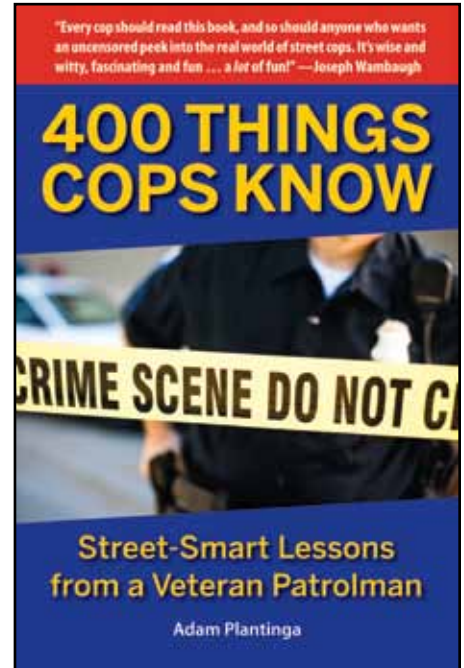
by Adam Plantinga

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True Crime/Law Enforcement • BISAC TRU000000

**“Every cop should read this book, and so should anyone who wants an uncensored peek into the real world of street cops. It’s wise and witty, fascinating and fun...a lot of fun!”**  
—Joseph Wambaugh



*400 Things Cops Know* shows police work on the inside, from the viewpoint of the regular cop on the beat — a profession that can range from rewarding to bizarre to terrifying, all within the course of a single eight-hour shift. Written by veteran police sergeant Adam Plantinga, *400 Things Cops Know* brings the reader into life the way cops experience it — a life of danger, frustration, occasional triumph and plenty of grindingly hard routine work.

In a laconic, no-nonsense, dryly humorous style, Plantinga tells what he’s learned from 13 years as a patrolman, from the everyday to the exotic — how to know at a glance when a suspect is carrying a weapon or is going to attack, how to kick a door down, how to drive in a car chase without recklessly endangering the public, why you should always carry cigarettes, even if you don’t smoke (offering a smoke is the best way to lure a suicide to safety) and what to do if you find a severed limb (don’t put it on ice — you need to keep it dry).

*400 Things Cops Know* deglamorizes police work, showing the physical, psychological and emotional toll of the job. Plantinga shows what cops experience of death, the legal system, violence, prostitution, drug use, the social causes and consequences of crime, alcoholism and more.

Sometimes heartbreaking and often hilarious, *400 Things Cops Know* is an eye-opening revelation of what life on the beat is really all about.

**Audience:** True crime/mystery readers, readers interested in police work and every reader who enjoys action.

**About the Author:** Adam Plantinga is a patrol sergeant for the San Francisco Police Department with 13 years’ experience as a beat cop in Milwaukee and San Francisco. He has written nonfiction articles on law enforcement for the literary magazine *The Cresset* and short fiction. He lives in the Bay Area with his wife and daughters.



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