

Title Information

Grief Sucks ... But Love Bears All Things

**How Grief Tore Me Apart
and Put Me Back Together**

by Gayle Taylor Davis

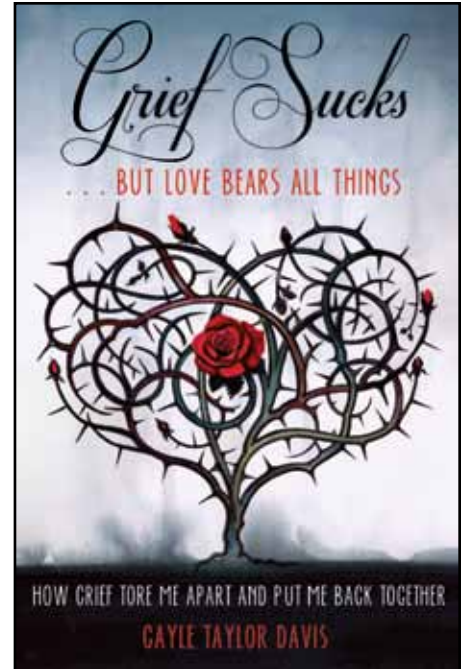
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Personal Memoir / Death, Grief and Bereavement

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Gayle Taylor Davis had it all — a husband she adored, two successful daughters, and a career she enjoyed. Then one phone call took it all away, when a policeman called to tell her that her husband of 32 years had suddenly died of a heart attack. Plunged into the strange new world of grief, Davis began to write to make sense of her experience.

Grief Sucks ... But Love Bears All Things is Davis's deeply personal account of how she climbed out of grief, step by painful step — a no-holds-barred look at personal pain that is rarely shared or talked about. Davis reveals the worst moments of what she describes as “gut-wrenching, ass-kicking grief” — days of tears, nights of wailing, and thoughts of suicide — and proves through her example that one can survive the worst.

Grief Sucks isn't a self-help book, but an account of suffering that prepares the reader for the worst that life inevitably inflicts on us all. Written for the recently bereaved, *Grief Sucks* directly faces the wound of losing a loved one, focusing on how one can survive emotional pain.

Instead of encouraging passive acceptance of mandatory stages of grief, *Grief Sucks* shows readers that grief is a choice, and that one can focus one's life on either loss or survival.

A brutally honest and intimate portrayal of raw grief in all its pain and ugliness, *Grief Sucks* rejects simple-minded words of comfort to address loss with the stark truth: This is the worst pain you will ever feel. And you will survive it.

Audience: Grieving adults, friends and family of grieving adults, grief counselors, clergy, hospice workers, funeral directors, and clinical psychologists.

About the Author: Born in Pasco, Washington, **Gayle Taylor Davis** attended California State University, Fresno, and taught high school in California for 36 years. Davis's husband of 32 years, Tony, died in 2005. Now Davis is remarried, retired, and writing a novel. She lives in Clovis, California.



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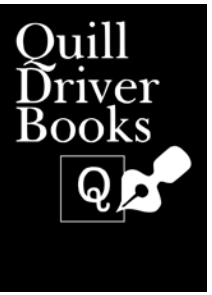
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New memoir *Grief Sucks ... But Love Bears All Things* is a searing and personal account of the depths of grief

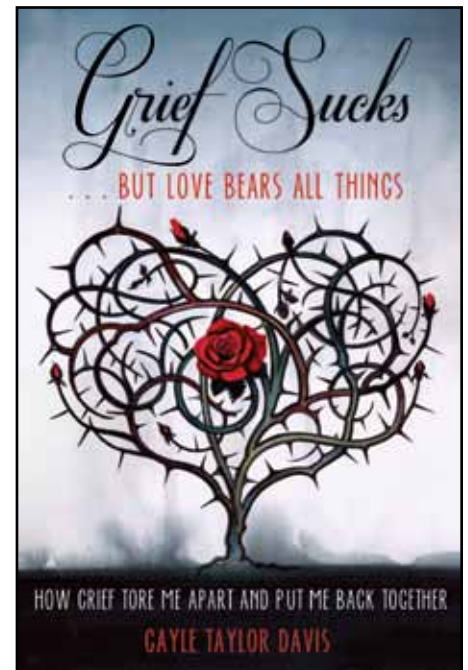
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Davis presents her deeply personal account of how she climbed out of grief, step by painful step, in her new memoir *Grief Sucks ... But Love Bears All Things: How Grief Tore Me Apart and Put Me Back Together* (Quill Driver Books, May 2014).

Grief Sucks ... But Love Bears All Things is a no-holds-barred look at personal pain that is rarely shared or talked about. Davis reveals the worst moments of what she describes as “gut-wrenching, ass-kicking grief” — days of tears, nights of wailing, and thoughts of suicide — and proves through her example that one can survive the worst.

Grief Sucks isn't a self-help book, but an account of suffering that prepares the reader for the worst that life inevitably inflicts on us all. *Grief Sucks* doesn't hide the fact that losing a loved one is a deeply painful wound that affects one's entire life. Davis writes for the recently bereaved, and her focus isn't personal growth, but simply surviving emotional pain.

Grief Sucks is a deeply practical book that concentrates strictly on the experience of grief and how to get through it, without pushing psychological theory or a self-help agenda. Instead of encouraging passive acceptance of mandatory stages of grief, *Grief Sucks* shows readers that grief is a choice, and that one can focus one's life on either loss or survival.



Davis writes directly to the reader, using spare, unsentimental and unrestrained prose and verse to give direct access to Davis's day-by-day experience of loss, shock, craziness, sorrow — and the unexpected strength that allowed her to endure it all.

Writing not of events but of emotions, Davis takes the reader through three years of her plunge into the depths of grief and her slow climb out, of faith challenged and faith reaffirmed, of one love lost and a new love found.

A brutally honest and intimate portrayal of raw grief in all its pain and ugliness, *Grief Sucks ... But Love Bears All Things* rejects simpleminded words of comfort to address loss with the stark truth: This is the worst pain you will ever feel. And you will survive it.

About the Author: Born in Pasco, Washington, **Gayle Taylor Davis** attended California State University, Fresno, and taught high school in California for 36 years. Davis's husband of 32 years, Tony, died in 2005. Now Davis is remarried, retired, and writing a novel. *Grief Sucks ... But Loves All Things* is her first book. She lives in Clovis, California.

Book Details:

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About Gayle Taylor Davis

Author of *Grief Sucks ... But Love Bears All Things*



Gayle Taylor Davis was born in Pasco, Washington, in 1948. She attended California State University, Fresno, where she met and married her first husband, Tony Taylor.

Davis taught high school English for 36 years for the Clovis Unified School District, where she was twice selected as Teacher of the Year.

In 2005, Tony, Davis's husband of 32 years, died unexpectedly of a heart attack. Davis turned to writing to make sense of her emotions. These writings became the basis of *Grief Sucks ... But Love Bears All Things*.

Davis's short fiction has been published in *The San Joaquin Review* and *Focus Magazine*, and her nonfiction has appeared in *The Fresno Bee*. *Grief Sucks ... But Love Bears All Things* is her first book.

Nine years after the events depicted in *Grief Sucks*, Davis has retired from teaching, married to her new husband, Dave Davis, and is currently working on a novel, *The Lyin' Bone*.

Davis and her husband live in Clovis, California.



For more information on *Grief Sucks ... But Love Bears All Things* (Quill Driver Books, May 2014) or to arrange an interview with author **Gayle Taylor Davis**, please contact Jaguar Bennett at Quill Driver Books, (800) 345-4447, Publicity@QuillDriverBooks.com.